



Distracted driving is dangerous, claiming 3,450 lives in 2016 alone¹. GM has integrated technology into our vehicles, such as Apple CarPlay and Android Auto to minimize distracted driving. GM's overall objective is to make our integrated telematics and infotainment systems seamless and easy for customers to use while driving, so that they no longer feel the need to engage in the dangerous practice of trying to communicate through their smartphones. Data shows that use of embedded-vehicle systems designed for the specific purpose of being used in a moving vehicle are much safer than use of portable electronic devices.

State laws and federal guidance exists to deter distracted driving, but as technology and forms of distraction evolve, so do these policies.

Let's take a deeper look:

State:

Currently, 16 states and the District of Columbia prohibit all drivers from using hand-held cell phones while driving and 47 states ban text messaging for all drivers. All but four have primary enforcement laws, which means that an officer may cite a driver for using a hand-held cell phone without any other traffic offense taking place and be given a fine. Voice-operated or hands-free devices would be allowed so the user can communicate by voice or text, as well as a touch to activate, deactivate, or initiate a feature or function of a device. Appropriate exemptions are provided for law enforcement, first responders and for devices integrated into a motor vehicle's interfaces.

It is also important to note that many municipalities also have restrictions on distracted driving. **Check out our map in the resources section to see what laws exist in your state.**

In 2018, 45 distracted driving bills have been introduced in 26 different states. These bills are tackling distracted driving head on. These bills cover topics from increased penalties, no device usage in school zones to creating tasks forces on the topic.

Federal:

In 2012 and 2016, the U.S. Department of Transportation's National Highway Traffic Safety Administration (NHTSA) released proposed guidelines to help address driver distraction caused by mobile and other electronic devices in vehicles. These guidelines were released in 2 phases:

[Phase 1](#): Focused on devices or systems built into the vehicle at the time of manufacture

[Phase 2](#): Focused on voluntary guidelines to address driver distraction on U.S. roads

¹ <https://crashstats.nhtsa.dot.gov/Api/Public/ViewPublication/812456>

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RESOURCES



Distracted Driving Laws in the States

Check out the map to see what
laws exist in your state.



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NHTSA: Distracted Driving

Learn more about what the
federal government is doing to
combat distracted driving.



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